

# Guide to Manuscript copy of paper from Annie K. Southwick recipe book C0346

Manuscript copy of paper from Annie K. Southwick recipe book  
October 1884



## Title Statement

Guide to Manuscript copy of paper from Annie K. Southwick recipe book C0346

**Subtitle:** Manuscript copy of paper from Annie K. Southwick recipe book

**Author:** Meghan Glasbrenner

## Publication Statement

**Publisher:** George Mason University. Libraries. Special Collections Research Center

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4400 University Dr.  
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## Profile Description

**Creation:** This finding aid was produced using ArchivesSpace on 2023-09-14 10:58:51 -0400.

**Language Usage:** Description is written in: English, Latin script.

**Descriptive Rules:** Describing Archives: A Content Standard

## Descriptive Summary

### Unit ID

C0346

### Unit Date

October 1884

### box

1 (folder)

### Language

English .

**Abstract**

Single page of five handwritten recipes originally found in [Annie K. Southwick's recipe book](#).

**Creator**

Southwick, Annie K.

**Extent**

.01 Linear Feet 1 folder

**Physical Location**

R 72, C 3, S 6

**Repository**

George Mason University. Libraries. Special Collections Research Center

## Administrative Information

**Access Restrictions**

There are no access restrictions.

**Use Restrictions**

Public Domain. There are no known restrictions.

**Acquisition Information**

Included in donation by George Mason University professor of English, Rosemary J. Poole, in 1998.

**Processing Information**

Processing completed by Meghan Glasbrenner in September 2023. Finding aid completed by Meghan Glasbrenner in September 2023.

**Preferred Citation**

Manuscript copy of paper from Annie K. Southwick recipe book, C0346, Special Collections Research Center, George Mason University Libraries

## Historical Information

Derived from the Latin "recipere" (meaning "to receive" or "to take") "receipt" and "recipe" books have a long history. Originally, both terms were used interchangeably and referred to instructions for the preparation of medicinal mixtures. It wasn't until the mid-1700s that the terms began to be applied to instructions for food preparation and it would take until the early 20th century for the term "recipe" to fully replace the term "receipt". The popularity of both handwritten and published recipe books in the United States reached its height in the 18th and 19th centuries. This newfound popularity is attributed to both increased literacy and mobility in the population, as well as a growth in the immigrant population which encouraged the writing down of traditional and family recipes.

This single manuscript page was originally inserted in a full handwritten recipe book attributed to Annie K. Southwick and dated almost 10 years earlier in March 1875.

## Scope and Content

Single page of five handwritten recipes (spelled "receipt") originally found in [Annie K. Southwick's recipe book](#). All recipes are written in paragraph format without a separate list of ingredients or measurements.

## Related Materials

The Special Collections Research Center also holds other rare books and manuscripts pertaining to cooking, such as the [Rosemary Poole Cookbook Collection](#) and the [Elizabeth Fairfax Cookbook](#).

## Keywords

Cookbooks

Cooking

## Bibliography

"A Recipe for Success." 2012. The Grammarphobia Blog (blog). November 9, 2012. <https://www.grammarphobia.com/blog/2012/11/receipt-recipe.html>.

Rees, John. 2017. "Digitizing Material Culture: Handwritten Recipe Books, 1600–1900." *Circulating Now* from the NLM Historical Collections. April 13, 2017. <https://circulatingnow.nlm.nih.gov/2017/04/13/digitizing-material-culture-handwritten-recipe-books-1600-1900/>.

Veit, Helen Zoe. 2017. "The Making of the Modern American Recipe." *Smithsonian Magazine*. September 19, 2017. <https://www.smithsonianmag.com/history/making-modern-american-recipe-180964940/>.

## **Arrangement**

This is a single item collection.