

# Hertzler, Ann A., Collection

Ann A. Hertzler Collection

1863-2013



## Title Statement

Hertzler, Ann A., Collection Ann A. Hertzler Collection, 1863-2013 (Bulk 1974-2000) Ms.2001.004

**Author:** Kira A. Dietz, Archivist

## Publication Statement

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## Profile Description

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## Descriptive Summary

### Unit ID

Ms.2001.004

### Unit Date

1863-2013

### Unit Date

(Bulk 1974-2000)

### Language

The materials in the collection are in English.

### Abstract

The Ann A. Hertzler Collection contains biographical information, publications, project and subject files, and artifacts relating to Hertzler's professional career at the University of Missouri-Columbia (1974-1980) and Virginia Tech (1980-2001). Particular areas of emphasis are children's health and nutrition, food and food programs, and Extension publications from both colleges.

### Creator

Hertzler, Ann A., 1935-2014

### Creator

Hertzler, Ann A., 1935-2014

**Creator**

Virginia Cooperative Extension Service

**Creator**

Virginia Cooperative Extension (1995-)

**Extent**

10.3 Cubic Feet 14 boxes, 1 oversize folder, 2 artifacts (on display)

**Repository**

Special Collections and University Archives, Virginia Tech

## Administrative Information

**Conditions Governing Access**

The collection is open for research.

**Conditions Governing Reproduction and Use**

The copyright status of this collection is unknown. Copyright restrictions may apply. Contact Special Collections and University Archives for assistance in determining the use of these materials.

Reproduction or digitization of materials for personal or research use can be requested using our reproduction/digitization form: <http://bit.ly/scuareproduction>. Reproduction or digitization of materials for publication or exhibit use can be requested using our publication/exhibition form: <http://bit.ly/scuapublication>. Please contact Special Collections and University Archives ([specref@vt.edu](mailto:specref@vt.edu) or 540-231-6308) if you need assistance with forms or to submit a completed form.

**Source of Acquisition**

The Ann A. Hertzler Collection was donated in multiple accruals between 2001 and 2014.

**Processing Information**

Some initial processing of the Ann A. Hertzler Collection was completed prior to 2008, including a preliminary inventory in 2006. Additional processing, arrangement, and description were completed in September and October 2010. A 2011 donation was processed in March 2012. A 2014 donation was processed in 2017, at which point Series IV was organized into subseries.

**Preferred Citation**

Researchers wishing to cite this collection should include the following information: [identification of item], [box], [folder], Ann A. Hertzler Collection, Ms2001-004, Special Collections and University Archives, Virginia Tech, Blacksburg, Va.

## Biographical Note

In 1957, Ann A. Hertzler received a B.S. in Home Economics Education from Pennsylvania State University. She taught high school Home Economics for two years. In 1960, she completed a Master of Science in Nutrition at the Drexel Institute of Technology. Between 1960 and 1966, she taught at the Drexel Institute of Technology and Northern Illinois University, and spent a year as a dietitian in England. She then pursued a Ph.D. in Nutrition at Cornell University, completing her studies in 1973. From 1970 to 1980, Hertzler was a professor and Extension Specialist at the University of Missouri-Columbia. In 1980, she joined the faculty at Virginia Tech as a professor of Human Nutrition, Foods, and Exercise, and as a Foods and Nutrition Extension Specialist. She retired in 2001 and was granted Professor Emerita status. Dr. Hertzler died in 2014.

Throughout her extensive career, Ann A. Hertzler wrote numerous articles and presentations, many of which are represented in this collection. She wrote and revised many Virginia Cooperative Extension publications relating to, as well as developed resources for, adult's and children's nutrition. She received national and regional awards, including a Fulbright Scholarship in 1989-1990 and the American Dietetic Association's Award for Excellence in Dietetic Education (1999). Hertzler also worked with many national, regional, and local professional societies, especially the American Association for Families and Consumer Science, the Society for Nutrition Education, and the American Dietetic Association. In addition, she was involved in the development of the Peacock-Harper Culinary Collection at Virginia Tech Special Collections and served on M.S. and Ph.D. committees for students at the University of Missouri-Columbia and at Virginia Tech.

## Scope and Content

The Ann A. Hertzler Collection contains biographical information, publications, project and subject files, and artifacts relating to Hertzler's professional career at the University of Missouri-Columbia (1974-1980) and

Virginia Tech (1980-2001). Particular areas of emphasis are children's health and nutrition, food and food programs, and Extension publications from both colleges.

A majority of the publications and personal/professional material was originally contained in two 5-inch binders, which were broken down to facilitate integration with the rest of the collection. These binders included an introduction to the contents, as well as a brief overview of Hertzler's experiences and observations about changes to her field during her career. This introduction is included with the CV (Box-folder 1-1).

The collection is divided into 6 series--Series I: Curriculum Vita and Biographical Information, Series II: Hertzler Publications, Series III: Other Publications, Series IV: Project/Subject Files, Series V: Oversize Materials, and Series VI: Artifacts. Throughout the collection, folders containing publications include bibliographies--see the "Contents List" below.

This collection does **not** contain information relating to: the courses Hertzler taught at Virginia Tech or other schools; Hertzler's employment experience prior to the University of Missouri-Columbia; projects connected to service with the Virginia Dietetic Association; service in professional organizations; or sabbaticals taken in 1978 and 1989.

## Separated Materials

**The following duplicate publications were removed from Series II: Hertzler Publications, Subseries IV and V: Virginia Cooperative Extension Publications, and cataloged for the Special Collections Rare Book Collection:**

Hertzler, Ann A., and Phyllis Brown. February 1982. *Cookouts and Cooking While Camping*, Publication 348-010. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. May 1984. *Potassium in the Diet*, Publication 348-911. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. March 1985. *Homemade Baby Food*, Publication 348-012. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. January 1987. *Cholesterol in the Diet*, Publication 348-909. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. August 1987. *Sodium in the Diet*, Publication 348-910. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. October 1987. *Kids, Food, and Money*, Publication 348-007. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann, Valya Vincell, Janet Tuckwiller, Kathleen Stadler, Katherine Sharman, and Martha Durst. 1988. *Let's Start Eating Smart*, Publication 348-650. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. 1993. *Sugar*, Publication 348-013. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A., Mick Coleman, and Elaine D. Scott. 1993. *Kids, Food, and Television*, Publication 348-008. [Blacksburg, Va.]: Virginia Cooperative Extension.

Debord, Karen, and Ann A. Hertzler. 1993. *Developmentally Appropriate Food and Nutrition Skills for Young Children*, Publication 348-651. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A., and Karen DeBord. 1993. *Kids Cart Smart Food Choices at Home, Shopping, and Eating Out*, Publication 348-652. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A., and Karen DeBord. 1993. *Germ Squirm: Kids and Safe Food Handling*, Publication 348-653. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A., and Karen DeBord. 1993. *Hurts and Hazards: Kids, Kitchen Accidents, and Safety*, Publication 348-655. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann, and Denise Brochetti. 1995. *Food Cents*, Publication 348-006. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. 1995. *ABC's of Feeding Preschoolers*, Publication 348-009. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. 1995. *Preschoolers' Food Handling Skills-Motor Development*, Publication 348-011. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. 1996. *Iron Check List*, Publication 348-371. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A., and Karen DeBord. 1996. *Health Wealth: Kids, Nutrients, and Health*, Publication 348-654. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann A. 1997. *Herbs and Spices*, Publication 348-907. [Blacksburg, Va.]: Virginia Cooperative Extension.

Hertzler, Ann. 1999. *Nourishing Children with Books*, Publication 348-950. [Blacksburg, Va.]: Virginia Cooperative Extension.

**The following publications were removed from Series IV: Project/Subject Files and cataloged for the Rare Book Collection:**

American Home Economics Association. 1980, *Handbook of Food Preparation*. 8th Edition. Washington, D.C. American Home Economics Association.

United States. 1977. *Average Weight of a Measured Cup of Various Foods*, no. 41. *Home Economics Research Report*. Washington, D.C.: The Department.

United States. 1990. *Food Buying Guide for Child Nutrition Programs*. [Washington, D.C.]: U.S. Dept. of Agriculture, Food and Nutrition Service.

United States. 1975. *Food Yields Summarized by Different Stages of Preparation*, no. 102. *Agriculture Handbook*. Washington, D.C.: U.S. Dept. of Agriculture.

**The following VHS tapes were removed from the collection and cataloged for the Special Collections Media Collection:**

*A Crash Course on Calcium*. 1997. Washington, D.C.: National Fluid Milk Processor Promotion Board.

McDonald's Nutrition Information Center, and Society for Nutrition Education. 1993. *What's On Your Plate*. Oak Brook, IL: McDonald's Nutrition Information Center, McDonald's Corp. (2 copies)

**The following artifact is on display in the Special Collections and University Archives Conference Room:**

American Civil War-era stone water jar

## Related Archival Materials

In 2005, Professor Emerita Hertzler established the Ann Hertzler Children's Cookbook and Nutrition Literature Collection. Her initial donation of publications has grown to nearly 350 items dating from 1882 to 2007, most of which are housed in Special Collections and University Archives. Additional publications are housed in the circulating collection at Newman Library. The Children's Cookbook and Nutrition Literature Collection is available through the library's discovery tool. Books in this collection can be found by a keyword search of "Children's Cookbook and Nutrition Literature Collection".

## Keywords

Ann Hertzler Children's Cookbooks and Nutrition Literature Collection

Faculty and staff

History of Food and Drink

University History

Hertzler, Ann A., 1935-2014

Virginia Cooperative Extension Service

Virginia Cooperative Extension (1995-)

Virginia Polytechnic Institute and State University (1970-)

Virginia Polytechnic Institute (1944-1970)

## Existence and Location of Copies

Some of this collection has been digitized and is available online.

PDF versions of many Virginia Cooperative Extension publications, some authored by Hertzler, are available online through VTechWorks.

## Rights Statement for Archival Description

The guide to the Ann A. Hertzler Collection by Special Collections and University Archives, Virginia Tech, is licensed under a CC0 (<https://creativecommons.org/share-your-work/public-domain/cc0/>).

## Arrangement

**Series I: Curriculum Vita and Biographical Information**, 1974-2001, contains a CV written in 2001. This folder also includes Hertzler's introduction to the binders mentioned above. The series also includes photocopies of awards Hertzler won, as well as related write-ups and correspondence. Lastly, there are photographs featuring Ann Hertzler from events, conferences, and newspapers articles (1970s-2000).

This series is arranged by material type. Awards are in chronological order. Photographs are, for the most part, on scrapbook pages, and are in their original order.

**Series II: Hertzler Publications**, 1971-2000, contains 6 subseries. The majority of this series is made up of subseries C and D. Some items have related correspondence attached. **Subseries A: Articles** includes copies, reprints, and originals of articles written by Hertzler during her tenure at the University of Missouri and Virginia Tech (1974-2000). This subseries does NOT include Extension Service publications. **Subseries B: Contributions to Scholarly Works**, 1976-2001, contains articles and photocopies of articles in which Hertzler is quoted or otherwise referenced. **Subseries C: University of Missouri-Columbia Extension Publications** includes handouts and pamphlets written by Hertzler (1971-1980, n.d.). This subseries also contains several publications from the early 1970s. **Subseries D: Virginia Cooperative Extension Publications/Adult** includes materials written and created by Hertzler relating to adult health and nutrition from 1982-2000. **Subseries E: Virginia Cooperative Extension Publications/Children**, 1985-1999, contains materials written and created by Hertzler relating to children's health and nutrition. **Subseries F: Websites and Internet Information**, 1997-2001, includes printouts of websites designed for Hertzler's various projects, as well as related correspondence and presentations.

Folder-level bibliographies are in the "Contents List" below. Subseries are arranged in alphabetical order by title. Material within each subseries is arranged in chronological order. Undated materials in Subseries III are arranged by publication number or publication title, if there is no number.

**Series III: Other Publications**, 1956-2000, includes 4 subseries. **Subseries A: Articles and Reports**, 1956-1998 contains publications written about children's nutrition, especially breakfast and school menu planning. **Subseries B: Extension Services** contains three publications from different state Extension divisions, written between 1979 and 1993. **Subseries C: Pamphlets**, 1965-1992, includes a selection of published materials created by national or international groups, a majority of which relate to diet restrictions and food choices. This subseries does NOT include materials produced by the U. S. Department of Agriculture. **Subseries D: USDA** includes pamphlets produced by the United States Department of Agriculture. Materials date from 1960 to 2000 and cover topics such as the importance of breakfast, food choices for children, and sodium intake.

Folder-level bibliographies are in the "Contents List" below. Subseries are arranged in alphabetical order by title. Materials within each subseries are arranged in chronological order.

**Series IV: Project/Subject Files**, 1982-2003, includes publications, correspondence and emails, copies of presentations, notes, and other paper materials relating to nutrition and health topics. In 2017, this series was organized into five subseries. **Subseries A: Presentation and Project Materials** contains materials from training programs on teaching children safe food handling habits, choosing healthy foods, and meal planning for child care facilities. In addition, this subseries includes VHS and audio cassette tapes from training events, and slides and CDs from presentations given by Ann Hertzler. **Subseries B: Subject Files on Cooperative Extension and Nutrition Topics** includes collected research from sources relating to children's nutrition, bone health, food labels, and Cooperative Extension activities. **Subseries C: Subject Files on Food and People** consists of collected researcher on individuals and groups of people connected to aspects of food history, including authors, other researchers, ethnic groups, and professionals. **Subseries D: Subject Files on Foods** includes collected research on foods or food groups used for papers, presentations, and personal interest. **Subseries E: Subject Files on Home and Household** contains research on household management topics, especially kitchen utensils and soap/soap-making.

Several files contain folder-level bibliographies in the contents list of the finding aid. Files in each subseries are arranged in alphabetical order by folder title.

**Series V: Posters and Oversize Books**, 1989-1996, contains a poster of the human skeleton with labeled bones, a poster showing vegetables, and 3 copies of a book for children about nutrition and choosing healthy foods.

This series is arranged chronologically.

**Series VI: Artifacts**, c.1863, 1993, n.d., includes several original items--a stone jar from a battlefield, c. 1863, a gelatin mold, and a small sewing box. The series also has a framed display of a food pyramid and Happy Meal toys, produced by the American Dietetic Association and McDonalds in 1993. Dr. Hertzler also donated a 19th century cast iron stove to the libraries, which is in the Special Collections Reading Room. The 2014 accrual also includes a large collection of food-related magnets.

This series is arranged by material type.

# Description of Subordinate Components

## Series I: Curriculum Vita and Biographical Information

**Unit Date** 1974-2001

### CV

**Unit Date** 2001

**box-folder** 1 (box)

**Container** 1 (folder)

### Awards

**Unit Date** 1993-2000

**box-folder** 1 (box)

**Container** 2 (folder)

### Photographs (Graduations, Conferences, Events)

**Unit Date** 1974-2000

**Unit Date** 1995-2000

**box-folder** 1 (box)

**Container** 3 (folder)

### Photographs (CHRE Culinary Committee)

**Unit Date** 2000

**box-folder** 1 (box)

**Container** 4 (folder)

### Photographs (Peacock-Harper Culinary Friends Events)

**Unit Date** 2000

**box-folder** 1 (box)

**Container** 5 (folder)

### Photographs (Newspaper)

**Unit Date** 1981, 1994

**box-folder** 1 (box)

**Container** 6 (folder)

## Series II: Hertzler Publications

**Unit Date** 1971-2000

### Subseries A: Articles

**Unit Date** 1966-2001

#### Articles

**Unit Date** 1966-1979

**box-folder** 1 (box)

**Container** 7 (folder)

#### Bibliography

Journal of Home Economics  
Journal of the American Dietetic Association  
Journal of the American Dietetic Association  
Home Economics Research  
Journal of the American Dietetic Association  
Journal of Nutrition Education  
Journal of Nutrition Education  
Journal of the American Dietetic Association  
Journal of the American Dietetic Association

**Articles****Unit Date** 1981-1985**box-folder** 1 (box)**Container** 8 (folder)**Bibliography**

Journal of the American Dietetic Association Journal of the American Dietetic Association Journal of the American Dietetic Association Journal of the American Dietetic Association Journal of the American Dietetic Association Home Economics Research Journal Journal of the American Dietetic Association Home Economics Teacher Education: Knowledge, Technology, and Family Change Illinois Teacher

**Articles****Unit Date** 1986-1989**box-folder** 1 (box)**Container** 9 (folder)**Bibliography**

Journal of the American Dietetic Association Journal of the American Dietetic Association Journal of Nutrition Education Journal of Nutrition Education Journal of Nutrition Education Journal of Nutrition Education Adolescence Topics in Clinical Nutrition Journal of Nutrition Education

**Articles****Unit Date** 1990**box-folder** 1 (box)**Container** 10 (folder)**Bibliography**

Journal of the Home Economics Association of Australia Journal of the Home Economics Association of Australia Adolescence Journal of the Home Economics Association of Australia Topics in Clinical Nutrition Topics in Clinical Nutrition Topics in Clinical Nutrition

**Articles****Unit Date** 1991-1995**box-folder** 1 (box)**Container** 11 (folder)**Bibliography**

Home Economics Research Journal Journal of Nutrition Education Journal of the American Dietetic Association Journal of Nutrition Education Journal of the American Dietetic Association Topics in Clinical Nutrition Journal of Nutrition Education Ecology of Food and Nutrition Topics in Clinical Nutrition Journal of Nutrition in Recipe & Menu Development Journal of Family and Consumer Sciences Family and Consumer Sciences Research Journal Journal of Nutrition Education

**Articles****Unit Date** 1996**box-folder** 1 (box)**Container** 12 (folder)**Bibliography**

Journal of Nutrition in Recipe & Menu Development Journal of the American Dietetic Association Journal of Family and Consumer Sciences Journal of Family and Consumer Sciences Journal of Family and Consumer Sciences Journal of Nutrition Education Family Resource Management Issues

**Articles****Unit Date** 1998-2001**box-folder** 1 (box)**Container** 13 (folder)**Bibliography**

Journal for the Study of Food and Society Nutrition Link Journal of the American Dietetic Association Journal of Consumer Studies & Home Economics Journal of Consumer Studies & Home Economics Journal of Family and Consumer Sciences Topics in Clinical Nutrition Journal of the American Dietetic Association Journal of Consumer Studies & Home Economics Journal of the American Dietetic Association

## **Subseries B: Contributions**

**Unit Date** 1976-2001

### **Articles, Quoted**

**Unit Date** 1983-2001

**box-folder** 1 (box)

**Container** 14 (folder)

### **Bellamy Newsletter Research Files [2 folders]**

**box-folder** 14 (box)

**Container** 1-2 (folder)

### **Books**

**Unit Date** 1991

**box-folder** 1 (box)

**Container** 15 (folder)

### **Pamphlets**

**Unit Date** 1976-1996, n.d.

**box-folder** 1 (box)

**Container** 16 (folder)

### **Presentation Materials**

**Unit Date** 1982-1995

**box-folder** 2 (box)

**Container** 1 (folder)

### **Presentation Materials**

**Unit Date** 1996-2000

**box-folder** 2 (box)

**Container** 2 (folder)

## **Subseries C: University of Missouri-Columbia Extension**

**Unit Date** 1971-1974, n.d.

### **Dated Publications**

**Unit Date** 1971-1974

**box-folder** 2 (box)

**Container** 3 (folder)

### **Bibliography**

Hertzler, Ann. "Nutrition Newsletter." January 1971-April/May 1973. Hertzler, Ann. "Teaching Nutrition to Youth." January 1971-April/May 1973. "Nutritious Snacks." EFNEP Conference, 1973. "The Food Curriculum." January 1974. Associated presentation slides available [online](#).

### **"Home Economics Guides" Series**

**box-folder** 2 (box)

**Container** 4 (folder)

## **Bibliography**

Biscuits: Judging Quick Breads Muffins and Pastry: Judging Quick Breads The Art of Making Biscuits Thickening Sauces and Gravies with Starch Preventing Lumps in Sauces Thickened with Starch Garnishes: Tricks with Trims Herbs and Spices Meat Selection Homemade Baby Foods Breast Milk and Milk Formulas What to Feed Babies After Milk Nutrition and Pregnancy Break-Fast Teaching about Breakfast Food Comparison Charts for Teenage Girls and Women Food Comparison Charts for Infants and Children Iron in the Body Recommended Dietary Allowances Vitamin C in the Body Vitamin D in the Body Vitamin E in the Body Vitamin K in the Body Iodine in the Body Nutrients in Processed Fruits and Vegetables Breads and Flours Zinc in the Body How Bacteria Grow How Animals Grow How Seeds Grow Purple Cabbage Indicator: Testing for Acidity and Alkalinity Suggestions for Demonstrations Demonstrations in Food and Nutrition Snacks for Children

## **Undated Publications (MP Series)**

**box-folder** 2 (box)

**Container** 5 (folder)

## **Bibliography**

Kitchen Tips: Use What You Have on Hand Shopping Hints for Turkey Shopping Hints for Liver Shopping Hints for Snacks Shopping Hints for Bread Shopping Hints for Cheese Shopping Hints for Milk Shopping Hints for Dried Beans, Dried Peas, & Nuts So You Want to Know? Rudy and Iron Susie and Calcium Andy and Vitamin A Cindy and Vitamin C

## **Undated Publications (Y Series and Unidentified)**

**box-folder** 2 (box)

**Container** 6 (folder)

## **Bibliography - Y Series**

It's Cookout Time It's Cookout Time Food for Special Events Food and You: Discovering 4-H

## **Bibliography - Unidentified**

"Corn Syrup-- Recipes and Hints." Iron for Everyone "Nonfat Dry Milk in Family Meals." "Tips to Help Measure Up."

## **Iron for Everyone Cards (2 copies)**

**box-folder** 7 (box)

**Container** 1 (folder)

## **Subseries D: Virginia Cooperative Extension (VCE)/Adult**

**Unit Date** 1982-2000

### **VCE/Adults**

**Unit Date** 1982-1995

**box-folder** 2 (box)

**Container** 7 (folder)

### **Bibliography**

Cookouts and Cooking While Camping Nutritious Carried Meals Fat in Your Diet Potassium in the Diet Safe Carried Meals Fiber in the Diet Herbs and Spices Cholesterol in the Diet Fat in Your Diet Fiber in the Diet Sodium in the Diet The Four Food Groups: Food for Fitness Sugar Food Cents Planning Carried Meals

### **VCE/Adults**

**Unit Date** 1996-2000

**box-folder** 2 (box)

**Container** 8 (folder)

### **Bibliography**

Iron Check List Herbs and Spices Fat Tracker Hertzler, Ann A. 1998. Calcium Checklist - Food Guide Pyramid, Publication 348-019. [Blacksburg, Va.]: Virginia Cooperative Extension. Available online. Planning for Carried Meals Calcium Checklist - Food Guide Pyramid

## **Subseries E: Virginia Cooperative Extension (VCE)/Children**

**Unit Date** 1985-1999

### **VCE/Children**

**Unit Date** 1985-1988

**box-folder** 2 (box)

**Container** 9 (folder)

#### **Bibliography**

Preschoolers' Food Handling Skills-Motor Development Homemade Baby Food Kids, Food, and Money Let's Start Eating Smart

### **VCE/Children**

**Unit Date** 1993-1999

**box-folder** 2 (box)

**Container** 10 (folder)

#### **Bibliography**

Kids, Food, and Television Developmentally Appropriate Food and Nutrition Skills for Young Children Kids Cart Smart Food Choices at Home, Shopping, and Eating Out Germ Squirm: Kids and Safe Food Handling Health Wealth: Kinds, Nutrients, and Health Hurts and Hazards: Kids, Kitchen Accidents, and Safety ABC's of Feeding Preschoolers Preschoolers' Food Handling Skills-Motor Development Health Wealth: Kinds, Nutrients, and Health Nourishing Children with Books

## **Subseries F: Websites and Internet Resources [2 folders]**

**Unit Date** 1997-2001

**box-folder** 3 (box)

**Container** 1-2 (folder)

## **Series III: Other Publications**

**Unit Date** 1956-2000

### **Subseries A: Articles and Reports**

**Unit Date** 1956-1998

#### **Articles and Reports**

**Unit Date** 1956-1979

**box-folder** 3 (box)

**Container** 3 (folder)

#### **Bibliography**

Community Program to Increase Egg Consumption Effectiveness of Techniques Used in a Better Breakfast Program Long Run Effects of a Better Breakfast Program The Child's Viewpoint on Breakfast A Summary of the Iowa Breakfast Studies Breakfast Source Book Better Breakfast Activities Journal of the American Medical Association Journal of School Health Cereal in Today's Changing Lifestyles Nutrition Action

#### **Articles and Reports**

**Unit Date** 1981-1998

**box-folder** 3 (box)

**Container** 4 (folder)

#### **Bibliography**

The American Journal of Clinical Nutrition An Inventory of Nutrition Education Evaluation Instruments School Breakfast Programs: Energizing the Classroom

## **Subseries B: Extension Services**

**Unit Date** 1979-1993

**box-folder** 3 (box)

**Container** 5 (folder)

**Bibliography**

High Altitude Baking The Good Eating for Less Cookbook Altering Recipes for Health

**Subseries C: Pamphlets**

**Unit Date** 1965-1992, n.d.

**box-folder** 3 (box)

**Container** 6 (folder)

**Bibliography**

Dept. of Home Economics and Office of Foreign Study Programs. 1965. "Children and Nutrition Around the World." Dekalb, Ill.: Northern Illinois University. The Dietary Role of Cereals in the United States Sodium Restricted Diet: 500 Milligrams Sodium Restricted Diet: Mild Restriction Sodium Restricted Diet: 1000 Milligrams Ready-to-Eat Cereals and Nutrition Making the Most of Your Food Dollar What You Should Know About--Monosodium Glutamate IFIC: International Food Information Council Food Guide Pyramid: A Guide to Daily Food Choices American Dental Association. "I'm Going to the Dentist." Chicago: American Dental Association. Spice Islands. "The Spice Islands Herb & Spice Primer." Activity Pyramid

**Subseries D: USDA**

**Unit Date** 1960-2000

**box-folder** 3 (box)

**Container** 7 (folder)

**Bibliography**

Food for Families with School Children Food for the Family with Young Children A Menu Planning Guide for Breakfast at School Food Yields: Summarized by Different Stages of Preparation Eat a Good Breakfast to Start a Good Day The Sodium Content of Your Food Sodium: Think About It... Nutrition and Your Health: Dietary Guidelines for Americans

**Series IV: Project/Subject Files**

**Unit Date** 1982-2013

**Subseries A: Presentation and Project Materials**

**"Cookbooks" Slide Set and Presentation Notes (Ann Hertzler and Jean Robbins)**

**box-folder** 12 (box)

**Container** 1 (folder)

**Healthy Heart Snack Choices Resource Guide**

**Unit Date** 1996

**box-folder** 4 (box)

**Container** 4 (folder)

**Grant and Fellowship Information**

**Unit Date** 2001-2003

**box-folder** 4 (box)

**Container** 3 (folder)

**"I've Been Working in the Kitchen" Project**

**Unit Date** 1986

**box-folder** 4 (box)

**Container** 5 (folder)

**Bibliography**

Presentation slides available online.

**"I've Been Working in the Kitchen" Slides and Cassette Tape**

**Unit Date** 1986

**box** 7

**"Nourishing Children with Books" Project**

**Unit Date** 1999-2000

**box-folder** 4 (box)

**Container** 6 (folder)

**Nutrition Instructional Publications and Handouts**

**box-folder** 12 (box)

**Container** 2 (folder)

**"Operation Risk"/Safe Food Handling Materials**

**Unit Date** 1993

**box-folder** 4 (box)

**Container** 7 (folder)

**"Operation Risk" Video and Cassette Tape**

**Unit Date** 1993

**box-folder** 4 (box)

**Container** 8 (folder)

**Peacock Harper Culinary Friends Collection**

**Unit Date** 2000-2003

**box-folder** 5 (box)

**Container** 2 (folder)

**"Putting the Pyramid Into Practice" Slide Set**

**box-folder** 12 (box)

**Container** 3 (folder)

**"Teaching Children Personal and Household Responsibilities" Script**

**Unit Date** 1986

**box-folder** 5 (box)

**Container** 3 (folder)

**"Technology and Nutrition" Slides**

**Unit Date** 1998

**box** 7

**Bibliography**

Available online.

**"What's in a Meal? A Resource Manual for the Child and Adult Care Food Program"/Food Planning**

**Unit Date** 1982-1988

**box-folder** 5 (box)

**Container** 8 (folder)

**Bibliography**

Spencer, Ethel, and Jolene Campbell. 1982. "Snack Ideas for Day Care Centers." Feeding Infants: A Guide for Use in the Child Care Food Program A Planning Guide for Food Service in Child Care Centers

**"What's in a Meal? A Resource Manual for the Child and Adult Care Food Program"/Food Planning**

**Unit Date** 1992-1994

**box-folder** 6 (box)

**Container** 1 (folder)

**Bibliography**

Building for the Future: Nutrition Guidance for the Child Nutrition Programs: Guidance for the Promotion of Healthy Eating for Children and Teens Participating in the U.S. Department of Agriculture's Child Nutrition Programs Making Healthy Food Choices Nibble, Slurp and Crunch: Creditable Snacks that Deal with Themes What's in a Meal?: A Resource Manual for Providing Nutritious Meals in the Child and Adult Care Food Program

**"What's in a Meal? A Resource Manual for the Child and Adult Care Food Program"/Food Planning**

**Unit Date** 1995

**box-folder** 6 (box)

**Container** 2 (folder)

**Bibliography**

Child and Adult Care Food Program: Nutrition Guidance for Child Care Centers Child and Adult Care Food Program: Nutrition Guidance for Child Care Homes Nutrition and Your Health: Dietary Guidelines for Americans

**"What's in a Meal? A Resource Manual for the Child and Adult Care Food Program"/Food Planning**

**Unit Date** 1995,1998, n.d.

**box-folder** 6 (box)

**Container** 3 (folder)

**Bibliography**

Texas. 1995. Standardized Ethnic Recipes for Child-care Centers and Family Day Homes. Austin, Tex: Texas NET. Crediting Foods in the Child and Adult Care Food Program Child and Adult Care Food Program, Virginia. "Developing Cycle Menus." Virginia. Mid-Atlantic Region, Food and Nutrition Service, Dept. of Agriculture.

**Subseries B: Subject Files on Cooperative Extension and Nutrition Topics**

**Children's Nutrition**

**box-folder** 13 (box)

**Container** 1 (folder)

**Food Labels [2 folders]**

**Unit Date** 1992-1995, n.d.

**box-folder** 4 (box)

**Container** 1-2 (folder)

**Osteoporosis**

**Unit Date** 1995-1998

**box-folder** 5 (box)

**Container** 1 (folder)

**USDA Team Nutrition Calendar Companion**

**Unit Date** 1997

**box-folder** 5 (box)

**Container** 4 (folder)

**Virginia Cooperative Extension Media Relations**

**Unit Date** 1997-2001

**box-folder** 5 (box)

**Container** 5 (folder)

**Virginia Cooperative Extension Training**

**Unit Date** 1996-1998

**box-folder** 5 (box)

**Container** 6 (folder)

**Virginia Cooperative Extension Training**

**Unit Date** 1999-2000

**box-folder** 5 (box)

**Container** 7 (folder)

**Subseries C: Subject Files on Food and People (Specific and General)**

**M. A. Buie**

**box-folder** 13 (box)

**Container** 2 (folder)

**Fannie Farmer**

**box-folder** 13 (box)

**Container** 3 (folder)

**Indians**

**box-folder** 13 (box)

**Container** 4 (folder)

**Rachel A. Katelaars**

**box-folder** 13 (box)

**Container** 5 (folder)

**Kooner Festivities [3 folders]**

**box-folder** 13 (box)

**Container** 6-8 (folder)

**Nurses**

**box-folder** 13 (box)

**Container** 9 (folder)

**Subseries D: Subject Files on Foods**

**BBQ**

**box-folder** 13 (box)

**Container** 10 (folder)

**Butter and Sugar**

**box-folder** 13 (box)

**Container** 11 (folder)

**Christmas Foods**

**box-folder** 13 (box)

**Container** 12 (folder)

**Coffee and Tea [2 folders]**

**box-folder** 13 (box)

**Container** 13-14 (folder)

**Cornbread and Popcorn**

**box-folder** 13 (box)

**Container** 15 (folder)

**Custard and Pudding**

**box-folder** 13 (box)

**Container** 16 (folder)

**Gingerbread**

**box-folder** 13 (box)

**Container** 17 (folder)

**Goose**

**box-folder** 13 (box)

**Container** 18 (folder)

**Hardtack**

**box-folder** 13 (box)

**Container** 19 (folder)

**Jell-O**

**box-folder** 13 (box)

**Container** 20 (folder)

**Lemons**

**box-folder** 13 (box)

**Container** 21 (folder)

**Peanuts**

**box-folder** 13 (box)

**Container** 22 (folder)

**Pearl Ash and Other Leavening Agents**

**box-folder** 13 (box)

**Container** 23 (folder)

**Rice**

**box-folder** 13 (box)

**Container** 24 (folder)

**Salt**

**box-folder** 13 (box)

**Container** 25 (folder)

**She-Crab**

**box-folder** 13 (box)

**Container** 26 (folder)

**Spices**

**box-folder** 13 (box)

**Container** 27 (folder)

**Syllabub**

**box-folder** 13 (box)

**Container** 28 (folder)

**Vanilla**

**box-folder** 13 (box)

**Container** 29 (folder)

**Vegetables**

**box-folder** 13 (box)

**Container** 30 (folder)

**Victorian Funeral Foods**

**box-folder** 13 (box)

**Container** 31 (folder)

**Waffles**

**box-folder** 13 (box)

**Container** 32 (folder)

**Whiskey**

**box-folder** 13 (box)

**Container** 33 (folder)

**Subseries E: Subject Files on Home & Household****Kitchen Utensils**

**box-folder** 13 (box)

**Container** 34 (folder)

**Soap (see also disk in Kitchen Utensils folder)**

**box-folder** 13 (box)

**Container** 35 (folder)

**Series V: Posters and Oversize Publications**

**Unit Date** 1989-1996

**oversize** 1 (folder)

**Bibliography**

Frank Schaffer Publications. 1989. "The Human Skeleton." [Palos Verdes Estates, Calif.]: Frank Schaffer

Publications. Carson-Dellosa Publishers. 1995. [Vegetables]. Picture Perfect Chartlet. [Greensboro, N.C.]: Carson-Dellosa Pub. Scholastic, Inc. 1995. "Sense-ational Food.". Poster includes nutrition information sheets for parents on the verso. Available online. Big news! Straight from the Heart "Versatile Vegetables: See How They Grow." undated. Available online.

## **Series VI: Artifacts**

**Unit Date** c.1863, 1993, n.d.

### **Food FUNdamentals National Nutrition Month partnership kit (framed)**

**Unit Date** 1993

**box** 9

### **Food and Nutrition Pins and Keychains**

**box** 10

### **Gelatin mold and small antique sewing cabinet**

**box** 8

### **Grocery Shopping Set**

**box** 10

### **International Bread Set; Bread Set**

**box** 10

### **Magnets: Characters and Kitchen Appliances**

**box** 14

### **Magnets: Food Products (1 of 2)**

**box** 14

### **Magnets: Food Products (2 of 2)**

**box** 14

### **Nutrition magnets**

**box** 10

### **Native American doll**

**box** 11

### **19th century stove**

**artifact** 3 (object)

### **Silver cup from the Peacock Harper Culinary Friends**

**box** 11

### **Stone jar and lid**

**Unit Date** c.1863

**artifact** 1 (object)

### **Tea kettle**

**artifact** 2 (object)

**"What We Eat in America 1994-1996" mug  
box 10**